

DIVINE LITURGY VARIABLES ON SUNDAY, MARCH 10, 2024

TONE 7 / EOTHINON 7

SUNDAY OF THE LAST JUDGMENT (MEAT FARE)

MARTYR KODRATOS OF CORINTH AND HIS FIVE COMPANIONS; ANASTASIA THE PATRICIAN OF ALEXANDRIA

- *During the Little Entrance, chant the Resurrectional Apolytikion. The Eisodikon (Entrance Hymn) is "O come, let us worship... save us, O Son of God, Who art risen from the dead..." After the Little Entrance, chant the hymns in the following order:*

RESURRECTIONAL APOLYTIKION IN TONE SEVEN

أبوليتيكيون القيامة باللحن السابع

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

حَطَمْتَ بِصَلِيبِكَ الْمَوْتَ، وَفَتَحْتَ لِلصَّافِرِ دَوْسَ،
وَحَوَّلْتَ نَوْحَ حَامِلَاتِ الطَّيِّبِ، وَأَمَرْتَ رُسُلَكَ أَنْ
يَكْرِرُوا، بِأَنَّكَ قَدْ قُمْتَ أَيُّهَا الْمَسِيحُ الْإِلَهُ، مَانِحاً الْعَالَمَ
الرَّحْمَةَ الْعُظْمَى.

- *Now sing the apolytikion of the patron saint or feast of the temple.*

KONTAKION FOR SUNDAY OF LAST JUDGMENT IN TONE ONE

قنطاق لأحد الدينونة، باللحن الأول

When Thou comest, O God, to earth with glory, and all creatures tremble before Thee, and the river of fire floweth before the Altar, and the books are opened and sins revealed, deliver me then from that unquenchable fire, and make me worthy to stand at Thy right hand, O righteous Judge.

إِذَا أَنْتَيْتَ يَا اللَّهُ عَلَى الْأَرْضِ بِمَجْدٍ، تَرْتَعِدُ مِنْكَ
الْبَرَايَا بِأَسْرَهَا، وَنَهْرُ النَّارِ يَجْرِي أَمَامَ عَرْشِكَ،
وَالصُّحُفُ تُفْتَحُ، وَالخَفَايَا تُشْهَرُ، فَنجِّنِي حِينَئِذٍ مِنَ
النَّارِ الَّتِي لَا تُطْفَأُ، وَأَهْلِنِي لِلْوَقُوفِ عَنْ يَمِينِكَ،
أَيُّهَا الدِّيانُ الْعَادِلُ.

THE EPISTLE

(For the Sunday of the Last Judgment)

الرسالة (لأحد الدينونة)

*The Lord will give strength to His people.
Ascribe to the Lord, O sons of God, ascribe to
the Lord glory and honor.*

The Reading from the First Epistle of St. Paul to the Corinthians. (8:8-9:2)

Brethren, food will not bring us closer to God; for neither if we eat, are we the better, nor if we do not eat, are we the worse. But take heed lest by any means this authority of yours become a stumbling block to those who are weak. For if any one sees you, as someone who has knowledge, reclining at a table in an idol's temple, will not the conscience of the one who

الرَّبُّ يُعْطِي قُوَّةً لِشَعْبِهِ.

قَدِّمُوا لِلرَّبِّ يَا أَبْنَاءَ اللَّهِ. قَدِّمُوا لِلرَّبِّ مَجْدًا وَكَرَامَةً.
فَصَلُّ مِنْ رِسَالَةِ الْقَدِّيسِ بُولُسَ الرَّسُولِ الْأُولَى
إِلَى أَهْلِ كورِنْثُوسَ.

يَا إِخْوَةَ، إِنَّ الطَّعَامَ لَا يُعَرِّبُنَا إِلَى اللَّهِ، لِأَنَّ إِنْ أَكَلْنَا
لَا نَزِيدُ وَإِنْ لَمْ نَأْكُلْ لَا نَنْقُصُ. وَلَكِنْ انظُرُوا أَنْ لَا
يَكُونَ سُلْطَانُكُمْ هَذَا مَعْتَرَةً لِلضَّعْفَاءِ. لِأَنَّهُ إِنْ رَأَى أَحَدٌ
يَا مَنْ لَهُ الْعِلْمُ مُتَكَبِّراً فِي بَيْتِ الْأَوْثَانِ، أَفَلَا يَتَقَوَّى
ضَمِيرُهُ، وَهُوَ ضَعِيفٌ، عَلَى أَكْلِ نَبَائِحِ الْأَوْثَانِ.

is weak be emboldened to eat of the things sacrificed to idols, and through your knowledge the weak brother perishes, for whom Christ died? And thus, sinning against the brethren, and wounding their conscience when it is weak, you sin against Christ. Therefore, if food causes my brother to stumble, I will not eat meat forever, lest I cause my brother to stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are not you my work in the Lord? If to others I am not an apostle, yet at least I am to you; for the seal of my apostleship are you in the Lord.

فِيهِلِكَ بِسَبَبِ عِلْمِكَ الْأَخُ الضَّعِيفُ الَّذِي مَاتَ
الْمَسِيحُ لِأَجْلِهِ؟ وَهَكَذَا إِذْ تُخْطِئُونَ إِلَى الْإِخْوَةِ
وَتَجْرَحُونَ ضَمَائِرَهُمْ، وَهِيَ ضَعِيفَةٌ، إِنَّمَا تُخْطِئُونَ
إِلَى الْمَسِيحِ. فَذَلِكَ إِنْ كَانَ الطَّعَامُ يُشَكِّكُ أَخِي، فَلَا
أَكُلْ لَحْمًا إِلَى الْأَبَدِ لئَلَّا أُشَكِّكَ أَخِي. أَلَسْتُ أَنَا
رَسُولًا؟ أَلَسْتُ أَنَا حُرًّا؟ أَمَا رَأَيْتَ يَسُوعَ الْمَسِيحَ رَبَّنَا؟
أَلَسْتُمْ أَنْتُمْ عَمَلِي فِي الرَّبِّ؟ وَإِنْ لَمْ أَكُنْ رَسُولًا إِلَى
آخَرِينَ، فَإِنِّي رَسُولٌ إِلَيْكُمْ. لِأَنَّ خَاتَمَ رِسَالَتِي هُوَ أَنْتُمْ
فِي الرَّبِّ.

THE GOSPEL

(For the Sunday of the Last Judgment)

الإنجيل (لأحد الدينونة)

The reading from the Holy Gospel according to St. Matthew. (25:31-46)

The Lord said, “When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, ‘Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.’ Then the righteous will answer Him, ‘Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these My brethren, you did it to Me.’ Then He will say to those at his left hand, ‘Depart from Me, you

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ مَتَى الْإِنْجِيلِي الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ.

قَالَ الرَّبُّ: مَتَى جَاءَ ابْنُ الْبَشَرِ فِي مَجْدِهِ وَجَمِيعِ
الْمَلَائِكَةِ الْقَدِيسِينَ مَعَهُ، فَحِينئِذٍ يَجْلِسُ عَلَى عَرْشِ
مَجْدِهِ. وَتُجْمَعُ إِلَيْهِ كُلُّ الْأُمَمِ، فَيُمَيِّزُ بَعْضَهُمْ مِنْ
بَعْضٍ، كَمَا يُمَيِّزُ الرَّاعِي الْخِرَافَ مِنَ الْجِدَاءِ. وَيُقِيمُ
الْخِرَافَ عَنْ يَمِينِهِ وَالْجِدَاءَ عَنْ يَسَارِهِ. حِينئِذٍ يَقُولُ
الْمَلِكُ لِلَّذِينَ عَنْ يَمِينِهِ: تَعَالَوْا يَا مُبَارَكِي أَبِي رِثُوا
الْمَلِكِ الْمُعَدَّ لَكُمْ مِنْذُ إِنْشَاءِ الْعَالَمِ. لِأَنِّي جُعْتُ
فَأَطْعَمْتُمُونِي، وَعَطِشْتُ فَسَقَيْتُمُونِي، وَكُنْتُ غَرِيبًا
فَأَوْيْتُمُونِي، وَعُرْيَانًا فَكَسَوْتُمُونِي، وَمَرِيضًا فَعُدْتُمُونِي،
وَمَحْبُوسًا فَأَتَيْتُمْ إِلَيَّ. حِينئِذٍ يُجِيبُهُ الصِّدِّيقُونَ قَائِلِينَ:
يَا رَبُّ مَتَى رَأَيْنَاكَ جَائِعًا فَأَطْعَمْنَاكَ، أَوْ عَطِشَانَ
فَسَقَيْنَاكَ؟ وَمَتَى رَأَيْنَاكَ غَرِيبًا فَأَوْيْنَاكَ، أَوْ عُرْيَانًا
فَكَسَوْنَاكَ؟ وَمَتَى رَأَيْنَاكَ مَرِيضًا أَوْ مَحْبُوسًا فَأَتَيْنَا
إِلَيْكَ؟ فَيُجِيبُ الْمَلِكُ وَيَقُولُ لَهُمْ: الْحَقُّ أَقُولُ لَكُمْ، بِمَا
أَنْتُمْ فَعَلْتُمْ ذَلِكَ بِأَحَدِ إِخْوَتِي هؤُلَاءِ الصِّغَارِ فَبِي
فَعَلْتُمُوهُ. حِينئِذٍ يَقُولُ أَيْضًا لِلَّذِينَ عَنْ يَسَارِهِ: إِذْهَبُوا

cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer, ‘Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?’ Then He will answer them, ‘Truly, I say to you, as you did it not to one of the least of these, you did it not to Me.’ And they will go away into eternal punishment, but the righteous into eternal life.”

عَنِّي يَا مَلَاعِينَ إِلَى النَّارِ الْأَبَدِيَّةِ الْمُعَدَّةِ لِإِبْلِيسَ وَمَلَائِكَتِهِ. لِأَنِّي جُعْتُ فَلَمْ تُطْعِمُونِي، وَعَطِشْتُ فَلَمْ تَسْقُونِي، وَكُنْتُ غَرِيباً فَلَمْ تُؤْوُونِي، وَعُرْيَاناً فَلَمْ تَكْسُونِي، وَمَرِيضاً وَمَحْبُوساً فَلَمْ تَزُورُونِي. حِينَئِذٍ يُجِيبُونَهُ هُمْ أَيْضاً قَائِلِينَ: يَا رَبُّ، مَتَى رَأَيْنَاكَ جَائِعاً أَوْ عَطْشَاناً أَوْ غَرِيباً أَوْ عُرْيَاناً أَوْ مَرِيضاً أَوْ مَحْبُوساً وَلَمْ نَخْدِمَكَ؟ حِينَئِذٍ يُجِيبُهُمْ قَائِلاً: الْحَقُّ أَقُولُ لَكُمْ، بِمَا أَنْتُمْ لَمْ تَفْعَلُوا ذَلِكَ بِأَحَدٍ هَؤُلَاءِ الصِّغَارِ، فَبِي لَمْ تَفْعَلُوهُ. فَيَذْهَبُ هَؤُلَاءِ إِلَى الْعَذَابِ الْأَبَدِيِّ، وَالصَّادِقُونَ إِلَى الْحَيَاةِ الْأَبَدِيَّةِ.

- *The Divine Liturgy of St. John Chrysostom continues as usual.*

THE DISMISSAL

الختم

Priest: May He Who rose from the dead, Christ our true God, through the intercessions of His all-immaculate and all-blameless holy Mother; by the might of the Precious and Life-giving Cross; by the protection of the honorable Bodiless Powers of Heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious and all-laudable apostles; of our father among the saints, John Chrysostom, archbishop of Constantinople, whose Divine Liturgy we have now celebrated, of the holy, glorious and right-victorious Martyrs; of our venerable and God-bearing Fathers; *of Saint N., the patron and protector of this holy community*; of the holy and righteous ancestors of God, Joachim and Anna, and of all the saints: have mercy on us and save us, forasmuch as He is good and loveth mankind.

الكاهن: أَيُّهَا الْمَسِيحُ إِلَهُنَا الْحَقِيقِي، يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، بِشَفَاعَاتِ أُمِّكَ الْكُلِّيَّةِ الطَّهَارَةِ وَالْبَرِيَّةِ مِنْ كُلِّ عَيْبٍ؛ وَبِقُدْرَةِ الصَّلِيبِ الْكَرِيمِ الْمُحْيِي؛ وَبِطَلَبَاتِ الْقُوَّاتِ السَّمَاوِيَّةِ الْمُكْرَمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ الْمَجِيدِ يُوْحَنَّا الْمَعْمَدَانَ؛ وَالْقَدِيسِينَ الْمَشْرَفِينَ الرَّسُلِ، وَسَائِرِ الرَّسُلِ الْمَشْرَفِينَ الْجَدِيرِينَ بِكُلِّ مَدِيحٍ؛ وَأَبِينَا الْجَلِيلِ فِي الْقَدِيسِينَ يُوْحَنَّا الذَّهَبِيِّ الْقَمِّ رَئِيسِ أَسَاقِفَةِ الْقُسْطَنْطِينِيَّةِ، كَاتِبِ هَذِهِ الْخِدْمَةِ الشَّرِيفَةِ؛ وَالْقَدِيسِينَ الْمَجِيدِينَ الشُّهَدَاءِ الْمُتَأَلِّقِينَ بِالظَّفَرِ؛ وَأَبَائِنَا الْأَبْرَارِ الْمُتَوَشِّحِينَ بِاللَّهِ؛ وَالْقَدِيسِ (ة) (فُلَانِ، فُلَانَةَ) شَفِيعِ(ة) وَحَامِي(ة) هَذِهِ الرَّعِيَّةِ الْمُقَدَّسَةِ؛ وَالْقَدِيسِينَ الصِّدِّيقِينَ جَدِّي الْمَسِيحِ إِلَهُ يُوَاكِيمَ وَحَنَّةً، وَجَمِيعِ قَدِيسِيكَ، اِرْحَمْنَا وَخَلِّصْنَا بِمَا أَنْتَ صَالِحٌ وَمُحِبٌّ لِلْبَشَرِ.

Priest: Through the prayers of our Holy Fathers, Lord Jesus Christ our God, have mercy upon us and save us.

الكاهن: بِصَلَوَاتِ آبَائِنَا الْقَدِيسِينَ، أَيُّهَا الرَّبُّ يَسُوعُ الْمَسِيحُ إِلَهُنَا اِرْحَمْنَا وَخَلِّصْنَا.

Choir: Amen.

الجوق: آمين.

These texts have been prepared by the Department of Liturgics of the Antiochian Archdiocese

Portions of the Archdiocesan Service Texts include texts from *The Menaion*, *The Great Horologion*, *The Pentecostarion*, *The Octoechos*, *The Triodion-Holy Week*, and *The Psalter of the Seventy*, which are Copyright © Holy Transfiguration Monastery, Brookline, Massachusetts, and are used with permission. All rights reserved. These works may not be further reproduced, beyond printing out a single copy for personal non-commercial use, without the prior written authorization of Holy Transfiguration Monastery.

ANNIVERSARY OR OUR DEPARTED FOR THIS SUNDAY

<u>DAY</u>	<u>NAME OF THE DEPARTED</u>	<u>ANNIVERSARY</u>
4	Raja Joseph Dorkhom	12
4	Nassar Zeitouneh	11
4	Marcel Eid	15
5	Alexander Salhany	51
5	Najeeb Salem Abboud	67
6	Georgette Elias Jeries	2
7	Charles Nicholas Saba	31
8	Galila Hanna Mossad	2
8	Odeh Dabit	32
9	Lila Jean Haddad	50
9	F. Dorothy West	49
9	Fada Salem Qaqish	23
9	Nassif Moubayed	13

- **Please**, pray for the health of the following parishioners: Ellen, Robert, Alex, Sam, Elias, Nassar, George, Nina, Sonia, George, Beshara, Irene, Nadia, Christine, Toni, George, Helena, Rami and Maien.

MEMORIAL

- **9 Days memorial service** for **Suheila Habib Al Sayegh** offered by her sisters **Rabha and her husband Jabra Shuheibar, Samia, Salwa and their families**. May her memory be eternal!
The coffee hour is offered today in loving memory of **Suheila Habib Al Sayegh** by her family.

ETERNAL LIGHTS

- **Mar 10:** In loving memory of **Yvonne Younes** from her family
- **Mar 24:** In loving memory of **Jiries and Nahil Irbib** from **Nadim Irbib and family**.
- **Apr 21:** In loving memory of **Yousef and Sumayah Musallam** from **Nadim Irbib and family**.

MAINTAINING SILENCE DURING THE SERVICE

- The congregation is expected to actively participate in worship. However, God's house is a place for reverence and worship, not loud and idle conversations (between each other or on cell phones). Please, turn off cell phones and any other devices when you are attending the Liturgy. If you have a situation that requires you to speak to other parishioners, please do that quietly outside the church or downstairs in the basement.

SUNDAY-SCHOOL REGISTRATION 2023-2024

- Please see the attached QR code for registration.

PRISON MINISTRY

- On Saturday, March 30, 2024 a small group from St. George will be going to Toronto South Detention Centre to hand out Easter packages to the over 1,550 inmates. This will be our 19th annual visit to this maximum-security prison. Those who are interested in participating in this blessed ministry, please contact Diane Younes at 416-464-5908. Financial donations would be greatly appreciated.

CHURCH OFFICE

- Anyone wishing to church a child, removal of crowns, have a memorial service, or would like Fr. George to give communion or visit their loved sick ones, should contact the church office ahead of time (905) 731-7210. In case of emergency, call Fr. Georges Mokbel (416) 725-2888

BLESSING OF HOMES

- Father Georges is visiting our parishioners and blessing their homes. If you like to have your home blessed, please call Fr. Georges 416-725-2888 or email the office info@stgeorgeantiochianchurch.org with your name and address. Father prefers that those who live in apartment's building to arrange for few apartments to be blessed together.

TEEN SOYO

- Congratulations to our newly elected TEEN SOYO Board Members...

President: Peter Mokbel
VP: Peter Novratidis
Treasurer: Helena Mokbel
Secretary: Michael Ishac
Social Media: Dima Alzidan

Coordinators: Lucas El Bouri, Mark Moussa and Paul Petro Youth Advisors: Angela Ghazal and Fadi Freiga

If you are interested in joining our Teen SOYO group please contact our Youth Advisors.

Note: members must be between the ages of 13-19 years old.

Angela Ghazal: 416-720-0308

Fadi Freiga: 647-829-6136

FIRE ROUTE, HANDICAPPED PARKING, AND PARKING LINES

- Please make sure not to park on the side of the church or in front of the Fire hydrant, for this is a fire route. Also ensure not to park in the spots designated for handicapped parking. Anyone who parks and does not show a handicap permit on the window will be tagged.

- **Kindly Submit your Contribution through the Following Methods: Connect to the Church**

Website www.stgeorgeto.org Click on *Donate*

- **PayPal, or send your Cheque by Mail to: St. George Antiochian Church, 9116 Bayview Ave, Richmond Hill ON, L4B 3M9**

Good will come to those who are generous and lend freely, who conduct their affairs with justice.

(Psalm 112:5)

Lenten Calendar 2024

Saturday March 9 th	10:00 a.m.	Divine Liturgy – Saturday of Souls
	4:00 p.m.	Confessions
	5:00 p.m.	Great Vespers
Meat Fare Sunday March 10 th	9:00 a.m.	Orthros
	10:15 a.m.	Divine Liturgy of St. John Chrysostom
Saturday March 16 th	4:00 p.m.	Confessions
	5:00 p.m.	Great Vespers
Cheese Fare Sunday March 17 th	9:00 a.m.	Orthros
	10:15 a.m.	Divine Liturgy of St. John Chrysostom
	7:00 p.m.	Lenten Vespers with Ceremony of Mutual Forgiveness

The Great Lent this year starts on Monday, March 18th, 2024, and ends with the Resurrection on Sunday May 5th, 2024. During this period, we are not allowed to eat the following:

- 1) Meat and meat by-products.
- 2) Eggs, milk and dairy by-products.
- 3) Fish with backbones. (Octopus and Shellfish are allowed).
- 4) On the Feast of the Annunciation Saturday March 25th, and on Palm Sunday April 28th, fish is allowed after the Divine Liturgy.

Kindly notice the adjustment in the time of the Akathist (Madayeh) Services and respective dinners, along with the Divine Liturgy on Sundays.

First Week of Great Lent		
Monday, March 18th	7:00 p.m.	Great Compline & Great Canon of Repentance by St. Andrew of Crete
Tuesday, March 19th	7:00 p.m.	Great Compline & Great Canon of Repentance by St. Andrew of Crete
Wednesday, March 20th	7:00 p.m.	Presanctified Divine Liturgy
Thursday, March 21st	7:00 p.m.	Great Compline & Great Canon of Repentance by St. Andrew of Crete
Friday, March 22nd	6:15 p.m.	1st Akathist Hymn (Madayeh Service)
	7:30 p.m.	1st Lenten Supper, sponsored by Men Society (Antiochian Men)
Saturday, March 23rd	9:00 a.m.	Orthros
	10:00 a.m.	Divine Liturgy
	4:00 p.m.	Confessions
	5:00 p.m.	Great Vespers
Sunday of Orthodoxy, March 24 th	9:00 a.m.	Orthros
	10:15 a.m.	Divine Liturgy of St. Basil the Great & Procession with Icons
	7:00 p.m.	Great Vespers with Litia-Artoklasia Feast of the Annunciation

Second Week of Great Lent		
Monday, March 25th Feast of the Annunciation	7:00 p.m.	Vesperal Divine Liturgy
Tuesday, March 26th	7:00 p.m.	Great Compline
Wednesday, March 27th	7:00 p.m.	Presanctified Divine Liturgy
Thursday, March 28th	7:00 p.m.	Great Compline
Friday, March 29th	<u>6:15 p.m.</u>	2nd Akathist Hymn (Madayeh Service)
	<u>7:30 p.m.</u>	2nd Lenten Supper, sponsored by the YAM (Young Adult Ministry), the Teen SOYO & the Chanters
Saturday, March 30th	4:00 p.m.	Confessions
	5:00 p.m.	Great Vespers
Sunday of St. Gregory Palamas, March 31st	9:00 a.m.	Orthros
	<u>10:15 a.m.</u>	Divine Liturgy of St. Basil the Great

Third Week of Great Lent		
Monday, April 1st	7:00 p.m.	Great Compline
Tuesday, April 2nd	7:00 p.m.	Great Compline
Wednesday, April 3rd	7:00 p.m.	Presanctified Divine Liturgy
Thursday, April 4th	7:00 p.m.	Great Compline
Friday, April 5th	<u>6:15 p.m.</u>	3rd Akathist Hymn (Madayeh Service)
	<u>7:30 p.m.</u>	3rd Lenten Supper, sponsored by the Antiochian Women
Saturday, April 6th	4:00 p.m.	Confessions
	5:00 p.m.	Great Vespers
Sunday of the Holy Cross, April 7th	9:00 a.m.	Orthros
	<u>10:15 a.m.</u>	Divine Liturgy of St. Basil the Great, Followed by a Procession & Veneration of the Holy Cross

Fourth Week of Great Lent		
Monday, April 8th	7:00 p.m.	Great Compline
Tuesday, April 9th	7:00 p.m.	Great Compline
Wednesday, April 10th	7:00 p.m.	Presanctified Divine Liturgy
Thursday, April 11th	7:00 p.m.	Great Compline
Friday, April 12th	<u>6:15 p.m.</u>	4th Akathist Hymn (Madayeh Service)
	<u>7:30 p.m.</u>	4th Lenten Supper, sponsored by the order of St. Ignatius
Saturday, April 13th	4:00 p.m.	Confessions
	5:00 p.m.	Great Vespers
Sunday of St. John Climacus, April 14th	9:00 a.m.	Orthros
	<u>10:15 a.m.</u>	Divine Liturgy of St. Basil the Great

Fifth Week of Great Lent		
Monday, April 15th	7:00 p.m.	Great Compline
Tuesday, April 16th	7:00 p.m.	Great Compline
Wednesday, April 17th	7:00 p.m.	Presanctified Divine Liturgy
Thursday, April 18th	7:00 p.m.	Little Compline with the full Great Canon of Repentance by St. Andrew of Crete & the life of St. Mary of Egypt
Friday, April 19th	<u>6:00 p.m.</u>	5th Akathist Hymn (Madayeh Service)
	<u>7:30 p.m.</u>	5th Lenten Supper, sponsored by the Parish Council
Saturday, April 20th	9:00 a.m.	Orthros
	10:00 a.m.	Divine Liturgy
	4:00 p.m.	Confessions
	5:00 p.m.	Great Vespers
Sunday of St. Mary of Egypt, April 21st	9:00 a.m.	Orthros
	<u>10:15 a.m.</u>	Divine Liturgy of St. Basil the Great

Sixth Week of Great Lent		
Monday, April 22nd	7:00 p.m.	Great Compline
Tuesday, April 23rd	7:00 p.m.	Great Compline
Wednesday, April 24th	7:00 p.m.	The Presanctified Divine Liturgy
Thursday, April 25th	7:00 p.m.	Great Compline
Friday, April 26th	10:00 a.m.	The Presanctified Divine Liturgy
	7:00 p.m.	Little Compline with the Canon of the Raising of Lazarus
Lazarus Saturday, April 27th	9:00 a.m.	Orthros
	<u>10:15 a.m.</u>	Divine Liturgy of St. John Chrysostom *
	4:00 p.m.	Confessions
	5:00 p.m.	Great Vespers with Litia-Artoklasia

*All Church School children and their parents, their Grandparents, and their Godparents, will attend the Divine Liturgy on Lazarus Saturday and take Communion. Following the Liturgy, they will all have Brunch together with the Sunday School teachers.

SCHEDULE OF SERVICES FOR PALM SUNDAY AND HOLY WEEK

- 1) Candles for your children will be available at the Church Vestibule, donation \$5.00 per candle.
- 2) During the Divine Liturgy and the procession, you are kindly requested to keep proper decorum, let us all behave in order, in discipline and in peace so that we can pray in one mind and one heart, and that Our Lord may hear our supplications and bestow upon us His Blessings.
- 3) All beloved parishioners are requested not to park their cars in the driveways. The procession will start from the outside main door of the Church, turn left on driveway behind the building into the parking lot, around the Church back to the main door and into the Church.

Palm Sunday & Holy Week – 2024		
Palm Sunday, April 28th	9:00 a.m.	Orthros
	<u>10:15 a.m.</u>	Divine Liturgy of St. John Chrysostom, Blessings of Palms & Procession
	7:00 p.m.	1 st Bridegroom Orthros for Holy Monday
Great Holy Monday, April 29th	10:00 a.m.	The Presanctified Divine Liturgy
	7:00 p.m.	2 nd Bridegroom Orthros for Holy Tuesday
Great Holy Tuesday, April 30th	10:00 a.m.	The Presanctified Divine Liturgy
	7:00 p.m.	3 rd Bridegroom Orthros for Holy Wednesday
Great Holy Wednesday, May 1st	10:00 a.m.	The Presanctified Divine Liturgy
	7:00 p.m.	Holy Unction Service, Anointing of the Faithful with Holy Oil
Great Holy Thursday, May 2nd	9:00 a.m.	Orthros for Holy Thursday
	10:00 a.m.	Vesperal Divine Liturgy of St. Basil the Great for the Institution of the Mystical Supper of Christ
	7:00 p.m.	Orthros with the Twelve Passion Gospels for Holy Friday – Gospels of the Crucifixion
Great Holy Friday, May 3rd	9:00 a.m.	The Great (Royal) Hours and Typika on Holy Friday followed by Great Vespers for Holy Saturday, the Taking down of Christ from the Cross
	7:00 p.m.	Orthros with the Lamentations for Holy Saturday
Great Holy Saturday, May 4th	9:00 a.m.	Vesperal Divine Liturgy of St. Basil the Great
	10:00 p.m.	Resurrection (Rush) Service, Paschal Orthros and Paschal Divine Liturgy of St. John Chrysostom
Great & All-Holy Pascha, Sunday, May 5th	7:00 p.m.	The Agape Vespers, The Baouth Service Followed by a procession
Bright Monday, May 6th ST. GEORGE'S FEAST	9:00 a.m.	Festal Orthros
	10:15 a.m.	Divine Liturgy

CHRIST IS RISEN! TRULY HE IS RISEN!

Services at St. George Antiochian Orthodox Church – Toronto. Month: March 2024

	Date	Time	Service
1st Week	Saturday March 2 nd	4:00 p.m.	Confessions
		5:00 p.m.	Great Vespers
	Sunday March 3 rd Sunday of the Prodigal Son	9:00 a.m.	Orthros
		10:15 a.m.	Divine Liturgy
2nd Week	Thursday March 7 th Forty Holy Martyrs of Sebastia	6:00 pm.	Festal Orthros
		7:00 p.m.	Divine Liturgy
	Saturday March 9 th Saturday of Souls	10:00 a.m.	Divine Liturgy
		4:00 p.m.	Confessions
		5:00 p.m.	Great Vespers
	Sunday March 10 th Judgment Sunday (Meatfare Sunday)	9:00 a.m.	Orthros
		10:15 a.m.	Divine Liturgy
3rd Week	Wednesday March 13 th	7:00 p.m.	Daily Vespers
	Saturday March 16 th	4:00 p.m.	Confessions
		5:00 p.m.	Great Vespers
	Sunday March 17 th Forgiveness Sunday	9:00 a.m.	Orthros
10:15 a.m.		Divine Liturgy	
4th Week	Monday, Tuesday, Thursday March 18 th , 19 th , 21 st	7:00 p.m.	Great Compline & Great Canon of Repentance by St. Andrew of Crete
	Wednesday , March 20 th	7:00 p.m.	Presanctified Divine Liturgy
	Friday , March 22 nd	6:15 p.m.	1st Akathist Hymn (Madayeh Service)
		7:30 p.m.	1st Lenten Supper, sponsored by Men Society (Antiochian Men)
	Saturday , March 23 rd	10:00 a.m.	Divine Liturgy
		4:00 p.m.	Confessions
		5:00 p.m.	Great Vespers
	Sunday , March 24 th Sunday of Orthodoxy	9:00 a.m.	Orthros
		10:15 a.m.	Divine Liturgy of St. Basil the Great & Procession with Icons
		7:00 p.m.	Great Vespers with Litia-Artoklasia Feast of the Annunciation
5th Week	Monday , March 25 th Feast of the Annunciation	7:00 p.m.	Vesperal Divine Liturgy
	Tuesday, Thursday March 26 th , 28 th	7:00 p.m.	Great Compline
	Wednesday , March 27 th	7:00 p.m.	Presanctified Divine Liturgy
	Friday , March 29 th	6:15 p.m.	2nd Akathist Hymn (Madayeh Service)
		7:30 p.m.	2nd Lenten Supper, sponsored by the YAM (Young Adult Ministry), the Teen SOYO & the Chanters
	Saturday , March 23 rd	10:00 a.m.	Divine Liturgy
		4:00 p.m.	Confessions
		5:00 p.m.	Great Vespers
	Sunday of St. Gregory Palamas, March 31 st	9:00 a.m.	Orthros
10:15 a.m.		Divine Liturgy of St. Basil the Great	

Activities at St. George Antiochian Orthodox Church – Toronto.
Month: March 2024

Date	Time	Activity	Location
1st Week			
Friday March 2 nd	7:00 – 8:30 pm	Byzantine Music Class	Church Basement
	7:30 – 11:30 pm	Families Gathering & Sports	Gym at St. George Centre
	9:00 – 9:30 pm	“Know your Church” for Youths	Gathering Room at the Centre
Sunday March 3 rd	1:00 p.m.	Camp T Bus Luncheon	Gym at St. George Centre
2nd Week			
Tuesday March 5 th	6:00 – 7:00 pm	Bi-weekly Catechism Class	Church Basement
Thursday March 7 th	10:30 – 2:00 pm	Homeschooling Group	Church Basement
	8:30 – 11:00 pm	Basketball for the Adults	Gym at St. George Centre
Friday March 8 th	7:00 – 8:30 pm	Byzantine Music Class	Church Basement
	8:30 – 10:00 pm	Spiritual Talk with Abouna Georges	Church Basement
Saturday March 9 th	6:00 – 8:00 pm	YAM Bible Study	Church Basement
Sunday March 10 th	After Communion	Sunday School	Church Basement
3rd Week			
Thursday March 14 th	8:30 – 11:00 pm	Basketball for the Adults	Gym at St. George Centre
Friday March 15 th	7:00 – 8:30 pm	Byzantine Music Class	Church Basement
	8:30 – 11:30 pm	Families Gathering & Sports	Gym at St. George Centre
	9:00 – 9:30 pm	“Know your Church” for Youths	Gathering Room at the Centre
Sunday March 17 th	After Communion	Sunday School	Church Basement
4th Week			
Tuesday March 19 th	6:00 – 7:00 pm	Bi-weekly Catechism Class	Church Basement
Thursday March 21 st	10:30 – 2:00 pm	Homeschooling Group	Church Basement
	8:30 – 11 pm	Basketball for the Adults	Gym at St. George Centre
Friday March 22 nd	8:00 – 9:00 pm	Byzantine Music Class	Church Basement
	8:30 – 11:30 pm	Families Gathering & Sports	Gym at St. George Centre
Saturday March 23 rd	6:00 – 8:00 pm	YAM Bible Study	Church Basement
Sunday March 24 th	After Communion	Sunday School	Church Basement
5th Week			
Thursday March 28 th	8:30 – 11:00 pm	Basketball for the Adults	Gym at St. George Centre
Friday March 29 th	8:00 – 9:00 pm	Byzantine Music Class	Church Basement
	8:30 – 11:30 pm	Families Gathering & Sports	Gym at St. George Centre
	9:00 – 9:30 pm	“Know your Church” for Youths	Gathering Room at the Centre
Sunday March 31 st	After Communion	Sunday School	Church Basement

ANTIOCHIAN WOMEN MONTH

“MESSAGE”

(March 2024)



Good morning!

Glory to Jesus Christ!

I am glad that I can speak to all of you today on behalf of our (*name of parish*) chapter of the Antiochian Orthodox Christian Women of North America. I would like to take this opportunity to briefly tell you about the important focus for our 2024 PROJECT, “Establishing an Endowment Fund for Our Beloved Widowed Clergy Wives.”

God has blessed our Archdiocese with miraculous growth as we welcome new Catechumens and returning Orthodox members. As we look to the future, we realize the need to support and show appreciation for the women who serve Christ as helpmates to their priest-servant husbands. This year’s Antiochian Women Project seeks to honor our widowed clergy wives for the years of selfless service they have given to our Archdiocese. Our love for them and our deep respect have moved us to establish a dedicated Endowment Fund, from which the yearly dividends will be distributed among them. The amount of financial support we can offer each year will directly depend on the amount of funding we raise for this year’s Project. So, let’s show our heartfelt support for these well-deserving ladies and inaugurate this Endowment fund with a generous financial base.

Metropolitan SABA, in his letter to the Antiochian Women, wrote the following, “This year, your North American Board is focused on the needs of our priests’ widows, and I am overjoyed to bless this as your annual project. As we approach Great Lent, with its many services and other responsibilities for our priests, let us not forget how their wives make this ministry possible: the priest is able to conduct services, to teach us, to hear our confessions, and all the rest because his wife manages so many other family needs; moreover, priests’ wives themselves bless our parishes as gifted choir directors, teachers, organizers, and counselors and in so many other capacities. Let us show gratitude for all these blessings by remembering these women in their retirement—all the more so, since caring for widows has been laid down as a test of true faith. For the scriptures declare this: “Pure and undefiled religion in the sight of God the Father is this: to visit orphans and widows in their affliction, and to keep oneself unstained by the world” (James 1:27)”

Of course, fundraising for the annual NAB Project is not our only focus during March. This is Women’s Month in the North American Archdiocese where we recognize the contributions of the women in our parish. If you are 18 years old or older and a member of this parish, you are an Antiochian Woman. We thank each of you for the hard work you do to support all the ministries and activities of this parish. You truly are the backbone that keeps the parish on track, and we thank you for your efforts. *(List a few of your parish women’s activities here).*

Finally, I would ask for your prayers for our Antiochian Women in this parish, our diocese and across North America. We thank all of you for your generous support. May God bless this parish, and the work of the Antiochian Women. Amen. ❖

2024 PARISH LIFE CONFERENCE

JULY 4-7, 2024

MAIN EVENTS

BOAT CRUISE

*Enjoy an evening sail on the waters of the
St. Lawrence River!*

BANQUET

*Reserve your ticket for a great dinner
& fun time on Saturday evening.*

AWARDS BRUNCH

*Be sure to book your spot to help celebrate
the accomplishments of our children & youth!*



DEADLINES

HOTEL RESERVATION DEADLINE
JUNE 4, 2024

VENDOR DEADLINE
MAY 1, 2024

SOUVENIR JOURNAL DEADLINE
MAY 15, 2024

SPONSORSHIP DEADLINE
MAY 15, 2024

EARLY BIRD REGISTRATION DEADLINE
JUNE 4, 2024

ONLINE REGISTRATION DEACTIVATION
JUNE 25, 2024

CREATIVE FESTIVALS DEADLINE
APRIL 1, 2024

ORATORICAL FESTIVAL REGISTRATION DEADLINE
JUNE 15, 2024

BIBLE BOWL REGISTRATION DEADLINE
JUNE 15, 2024

HÔTEL OMNI
mont-royal | montréal
1050 SHERBROOKE STREET WEST,
MONTREAL QUEBEC H3A-2R6
PHONE: (514) 284-1110

OTTAWAPLC.ORG

2024 PLC ANTIOCHIAN WOMEN



ALL LADIES ARE WELCOME TO JOIN US
AT THE PLC ANTIOCHIAN WOMEN
MEETING AND LUNCH EVENT

- Date: Friday, July 5, 2024
- Time: 10:30am - 1:30pm
- Venue: Omni Hotel
- Price: \$65.00

TO BOOK YOUR TICKETS VISIT:

OTTAWAPLC.ORG

HOPE TO SEE YOU THERE!

ST. NICHOLAS ANTIOCHIAN ORTHODOX CHURCH - MONTREAL
DIOCESE OF OTTAWA, EASTERN CANADA & UPSTATE NEW YORK

ANTIOCHIAN WOMEN

THE MOST REVEREND METROPOLITAN PHILIP -- FOUNDER

"A SISTERHOOD SERVING CHRIST THROUGH SERVING OTHERS"



THE MOST REVEREND
METROPOLITAN SABA
358 MOUNTAIN ROAD
ENGLEWOOD, NEW JERSEY 07631

DIOCESE OF OTTAWA,
EASTERN CANADA & UPSTATE NY



Application Form

Please enter all of the information in a clear and legible manner.

YOUR FULL NAME: _____ DATE OF BIRTH: _____

ADDRESS: _____

CITY: _____ PROV/STATE: _____ POSTAL/ZIP CODE: _____

EMAIL: _____

PHONE NUMBER(S): _____

PARISH: _____ CITY: _____ PASTOR'S NAME: _____

Please provide the following information (*all financial information will be kept strictly confidential*):

1. Cost of Study:

A. Tuition for one year \$ _____

B. Room and Board (if applicable) \$ _____

C. Books and Fees \$ _____

2. Total Financial aid received from other sources \$ _____

3. Total household Income (previous year) \$ _____

4. Number of people in the household \$ _____

Please include, on a separate sheet of paper, an essay between 100 – 250 words explaining your scholastic and/or vocational goals.

In your essay, we are looking for, but not limited to the following responses:

1. What do you plan to study?
2. Why have you chosen this program of study?
3. How will you use this education in the future?
4. What would you use the scholarship fund towards?

In addition, please provide a brief letter of recommendation from your parish priest. The recommendation can be included with this application form or sent directly to the scholarship committee under separate cover at the address below.

We cannot consider your application without your priest's recommendation.

The application, essay, and recommendation deadline is May 26, 2024.

Please email your application materials i.e. Application Form, Essay, and Pastor's recommendation to:

Denise Issa
Scholarship Chair
Antiochian Women of the Diocese of Ottawa, Eastern Canada and Upstate New York
deniseissa7@gmail.com
613-899-4873

Please do not hesitate to call, text, or email me directly with any questions or concerns you have.

ANTIOCHIAN WOMEN

THE MOST REVEREND METROPOLITAN PHILIP -- FOUNDER

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METROPOLITAN SABA
358 MOUNTAIN ROAD
ENGLEWOOD, NEW JERSEY 07631

DIOCESE OF OTTAWA,
EASTERN CANADA & UPSTATE NY



Scholarship Information

DATE: March 2024

TO: The Clergy of the Diocese of Ottawa, Eastern Canada and Upstate New York

FROM: Denise Issa, Diocesan Antiochian Women Scholarship Chair

RE: Antiochian Women Scholarship - Christ is in our midst!

With your blessing, Dear Reverend Fathers:

I am writing to ask for your assistance in publicizing the Antiochian Women's Scholarship for the women of our diocese. *In addition to the NAB scholarship*, we also offer a scholarship in our diocese. We have seen women only applying for the national scholarship, but we want to make you aware of our local opportunities.

We will be awarding, to our Canadian winning applicant, a **\$750.00 CAD** or to our American winning applicant, a **\$500.00 USD** scholarship fund.

All applications must be emailed by **May 26, 2024**, in order to be considered. The scholarship recipients will be announced at the Montreal 2024 Parish Life Conference.

The qualifications for the scholarship are as follows:

- The applicant must be a female over 26 years of age.
- The applicant must be a member in good standing of her local Antiochian parish.
- The applicant must be actively involved in the life of her parish.
- The applicant must be applying for/or registered in an academic or trade program of study.
- The applicant must demonstrate financial need.

If you will, please distribute this letter and the accompanying scholarship application as you see fit. We ask you to please encourage the eligible women in your parish to apply. Thank you, very much, for your assistance.

I am sincerely yours in Christ Jesus,

Denise Issa

DIOCESE OF OTTAWA, EASTERN CANADA & UPSTATE NEW YORK ANTIOCHIAN WOMEN SCHOLARSHIP
COORDINATOR

THE PERIOD OF LENTEN TRIODION

Thursday, March 7th	6:00 pm 7:00 pm	Festal Orthros Divine Liturgy – Forty Holy Martyrs of Sebastia
Saturday, March 9th	10:00 am 4:00 pm 5:00 pm	Divine Liturgy – Saturday of Souls Confessions Great Vespers
Meat Fare Sunday March 10th	9:00 am 10:15 am	Orthros Divine Liturgy of St. John Chrysostom
Wednesday, March 13th	7:00 pm	Daily Vespers
Saturday, March 16th	4:00 pm 5:00 pm	Confessions Great Vespers
Cheese Fare Sunday March 17th	9:00 am 10:15 am	Orthros Divine Liturgy of St. John Chrysostom
Monday, March 18th	7:00 pm	Lenten Vespers & Ceremony of Mutual Forgiveness Great Compline & Great Canon of Repentance by St. Andrew of Crete
Tuesday, March 19th	7:00 pm	The Presanctified Divine Liturgy
Wednesday, March 20th	7:00 pm	Great Compline & Great Canon of Repentance by St. Andrew of Crete
Thursday, March 21st	7:00 pm	
Friday, March 22nd	6:15 pm 9:00 am	1st Akathist Hymn (Madayeh Service) Orthros
Saturday, March 23rd	10:00 am 4:00 pm 5:00 pm	Divine Liturgy Confessions Great Vespers
Sunday of Orthodoxy March 24th	9:00 am 10:15 am 7:00 pm	Orthros Divine Liturgy of St. Basil the Great Great Vespers with Litia/Artoklasia - the Annunciation
Monday, March 25th	7:00 pm	Vesperal Divine Liturgy - Feast of the Annunciation
Tuesday March 26th	7:00 pm	Great Compline
Wednesday, March 27th	7:00 pm	The Presanctified Divine Liturgy
Thursday, March 28th	7:00 pm	Great Compline
Friday, March 29th	6:15 pm	2nd Akathist Hymn (Madayeh Service)
Saturday, March 30th	4:00 pm 5:00 pm	Confessions Great Vespers
Sunday of St. Gregory Palamas: March 31st	9:00 am 10:15 am	Orthros Divine Liturgy of St. Basil the Great
Monday, April 1st	7:00 pm	Great Compline
Tuesday, April 2nd	7:00 pm	Great Compline



Wednesday, April 3rd	7:00 pm	The Presanctified Divine Liturgy
Thursday, April 4th	7:00 pm	Great Compline
Friday, April 5th	6:15 pm	3rd Akathist Hymn (Madayeh Service)
Saturday, April 6th	4:00 pm 5:00 pm	Confessions Great Vespers
Sunday of the Holy Cross April 7th	9:00 am 10:15 am	Orthros Divine Liturgy of St. Basil the Great, Procession & Veneration of the Holy Cross
MON 8th & TUE 9th	7:00 pm	Great Compline
Wednesday, April 10th	7:00 pm	The Presanctified Divine Liturgy
Thursday, April 11th	7:00 pm	Great Compline
Friday, April 12th	6:15 pm	4th Akathist Hymn (Madayeh Service)
Saturday, April 13th	4:00 pm 5:00 pm	Confessions Great Vespers
Sunday of St. John Climacus April 14th	9:00 am 10:15 am	Orthros Divine Liturgy of St. Basil the Great
MON 15th & TUE 16th	7:00 pm	Great Compline
Wednesday, April 17th	7:00 pm	The Presanctified Divine Liturgy
Thursday, April 18th	7:00 pm	Little Compline with Great Canon of Repentance & the life of St. Mary of Egypt
Friday, April 19th	6:00 pm 9:00 am	5th Akathist Hymn (Madayeh Service) Orthros
Saturday, April 20th	10:00 am 4:00 pm 5:00 pm	Divine Liturgy Confessions Great Vespers
Sunday of St. Mary of Egypt: April 21st	9:00 am 10:15 am	Orthros Divine Liturgy of St. Basil the Great
MON 22nd & TUE 23rd	7:00 pm	Great Compline
Wednesday, April 24th	7:00 pm	The Presanctified Divine Liturgy
Thursday, April 25th	7:00 pm	Great Compline
Friday, April 26th	10:00 am 7:00 pm 9:00 am	The Presanctified Divine Liturgy Little Compline & Canon to Lazarus Orthros
Lazarus Saturday April 27th	10:15 am 4:00 pm 5:00 pm	Divine Liturgy of St. John Chrysostom Confessions Great Vespers with Litia/Artoklasia